

OCEANWAY SENIOR CENTER

12215 W. Sago Avenue ~ Jacksonville, FL 32218 ~ (904) 255-6857

Specialist: Donna Sizemore

MAY 2024

Monday – Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Puzzle Variety 8:30 a.m. Card Games 9 a.m. Walking 9:30 a.m. Bingo 9:00 a.m. Gardening 11 a.m. Card Games 12:30 p.m.	Puzzles 8:30 a.m. Breakfast 9:30 a.m. Walking 9:30 a.m. Bingo 9:00 a.m. Card Games 12:30 p.m.	Puzzles 8:30 a.m. Breakfast 9:30 a.m. Card Games 9 a.m. Bible Study 10 a.m. Chair Volleyball 11 a.m. Puzzles Variety 1 p.m.	Breakfast 9:30 a.m. Walking 9:30 a.m. Bingo 9:00 a.m. Senior Exercise Class 11 a.m. Education Material 11:30 a.m. Card Games 1 p.m.	Puzzle Variety 8:30 a.m. Walking 9:30 a.m. Bingo 9:00 a.m. Chair Volleyball 11 a.m. Dominoes 12:30 p.m. Card Games 1 p.m.
AVAILABLE DAILY: Wii Bowling, Games, Billiards, Computers, Walking in the Park, Jigsaw Puzzles, Hidden Picture, Word Puzzles, Fishing, Board Games, Adult Coloring, Sewing Machine Available LUNCH: 12 p.m. Events are subject to Change				
BREAKFAST SERVED ONLY TUESDAY, WEDNESDAY AND THURSDAY		1 Field Trip: Golden Corral (Must pay for own meal) 10:30 a.m.	2 Site Council Fundraiser: Horse Races & Light Refreshments provided by Site Council and Bingo with Rob from Care Plus 10:30 a.m.	3 Mental Health Workshop W/ Northwest Behavioral Health 10:30 a.m.
6 Chair Volleyball 10:30 a.m. Site Council Meeting 10:30 a.m.	7 Field Trip: Harvey's/Roses 10:30 a.m. Line Dance 1 p.m.	8 National Coke Day, Site Council selling cokes for \$1.00	9 Mother's Day Tea Sponsored by Site Council - Light Refreshments 10:30 a.m.	10 Mental Health Workshop W/ Northwest Behavioral Health 10:30 a.m. Field Trip: Jax Ready Fest at the Prime Osborn Convention Center 11:00 a.m.
13 Field Trip: Fresh Fields with Dana Gardner, Nutritionist 10:30 a.m.	14 Presentation: Joe Slater, Sr. Companion Program 10:30 a.m. Participants Mtg. Noon Line Dance 1 p.m.	15 FIELD TRIP: Bash at the Ball Field at 121 Financial Ballpark 10 a.m. RSVP Required	16 Fundraiser: Chili Bowl with crackers \$4.00	17 Mental Health Workshop W/ Northwest Behavioral Health 10:30 a.m.
20 Walk around the world with Senior Services 9:30 a.m.	21 Field Trip: to Ross Department Store 10:30 Line Dance 1 p.m.	22 Field Trip to BRIDGE THE GAP Bring your own reusable cloth shopping bag 10:00 a.m.	23 Memorial Day Celebration: Site Council to provide hamburgers/buns. Bring a Side dish to share and enjoy with the burgers. 10:30 a.m.	24 Mental Health Workshop W/ Northwest Behavioral Health 10:30 a.m. National Tiara Day
27 CENTER CLOSED In Observance of MEMORIAL DAY	28 Field Trip: DD's Discount Store 10:30 a.m. Line Dance 1 p.m.	29 Field Trip: Senior Expo at the Prime Osborn Convention Center 10 a.m.	30 Fun and Games with Sam from UF Ext. Office 10:30 a.m.	31 Birthday Celebrations Noon