

MARY L. SINGLETON SENIOR CENTER

MAY 2024

150 E. 1st St. ~ Jacksonville, FL 32206 ~ (904) 255-6666

Specialist: Ila Hawkins-Riley/Joanna Ching

Monday – Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Ceramics Painting Workshop 8 a.m. Stay Fit Together (V) 8:30 a.m. BINGO 9-11:30 a.m. Bible Study 10 a.m. Line Dancing 10 a.m. Jewelry Making Class 11 a.m. Line Dancing 1:00 p.m. Sewing Class 1-4 p.m.	Ceramics Painting Workshop 8 a.m. Stay Fit Together (V) 8:30 a.m. BINGO 9-11:30 a.m. Memory Games and Reading Group 10 a.m. Chair Volleyball 11 a.m.	Ceramics Painting Workshop 8 a.m. Stay Fit Together (V) 8:30 a.m. BINGO 9-11:30 a.m. Line Dancing 10 a.m. Line Dancing 1:00 p.m. Sewing Class 1-4 p.m.	Ceramics Painting Workshop 8 a.m. Stay Fit Together (V) 8:30 a.m. Day w/ the Dietician 10 a.m. BINGO 9-11:30 a.m. Memory Games and Reading Group 10 a.m. Crocheting Group 1 p.m. Games & Dancing 5 p.m.	Ceramics Painting Workshop 8 a.m. Stay Fit Together (V) 8:30 a.m. BINGO 9-11:30 a.m. Bible Study 10 a.m. Chair Volleyball 11 a.m. (V): Video
AVAILABLE DAILY: Billiards, Checkers, Card Games, Library & Computer Lab. Clothes Closet: 9~11:30 a.m. BREAKFAST: Tue, Wed and Thu at 9 a.m. LUNCH: 12 p.m.				
		1	2 FIELD TRIP: Roses and Dollar Tree for Advisory Council only 10:30 a.m.	3
6 Advisory Council Meeting 10 a.m. Participants Meeting (before lunch) 11:30 a.m.	7 FIELD TRIP: Jacksonville Farmer's Market on Beaver 10:30 a.m.	8 Mental Health Workshop W/ Northwest Behavioral Health 9:00 a.m. FIELD TRIP: Commodities pickup at Bridge the Gap 10:00 a.m.	9 Mother's Day Celebration 10:00 a.m. Carvill Flea Market 9 a.m. – 1:00 p.m.	10 Field Trip: Jax Ready Fest at the Prime Osborn Convention Center 11:00 a.m.
13 Goofy Day: dress as your favorite character and take pictures with Goofy. FIELD TRIP: Singleton's Seafood Shack 10:30 a.m.	14 De-stress Meditation Group 10 a.m. (no memory games and reading) Line Dancing 2:30 p.m.	15 FIELD TRIP: Bash at the Ball Field at 121 Financial Ballpark 10 a.m. RSVP Required	16 FIELD TRIP: Shopping with the Dietitian 10 a.m. Nachos Day Fundraising Event for the Advisory Council 10:30 a.m. Presentation: Books by Mail Program W/ Tonja from the Jacksonville Public Library 10:30 a.m.	17 Field Trip: Miracle at Ashley Street 11 a.m. Senior Tickets at \$10
20	21 Get up and move exercise 10.15 am	22 FIELD TRIP: Cummer Cafe, Museum and Gardens 10:30 a.m. \$15 admission fee for each senior. Free for SNAP (Food Stamp) holders, Veterans & Families.	23 MOTOWN IN MAY Special Dancing Night with Live entertainment 6:00 p.m. Donation \$10.00	24 Memorial Day Celebration with live music and hot dog fundraising for the Advisory Council 10 a.m.
27 CENTER CLOSED In Observance of MEMORIAL DAY	28 FIELD TRIP: Walmart 10:30 a.m. Line Dancing 2:30 p.m.	29 Fun Day: Free Play Bingo & Prizes 10:45 a.m. (about an hour)	30 Field Trip: Senior Expo at the Prime Osborn Convention Center 10 a.m.	31 May Birthday Celebration 10:30 a.m.