



# UF/IFAS Extension Family Nutrition Program (FNP)

2022

## SNAP-ED IMPACT



SNAP-Ed (Supplemental Nutrition Assistance Program-Education) helps limited-resource families eat healthier on a budget and be more physically active to reduce the risk of obesity and chronic diseases.

UF/IFAS Extension FNP has provided SNAP-Ed programming in Florida since 1996. UF/IFAS Extension is a partnership between state, federal, and county governments, providing scientific knowledge and expertise to the public.



## THE NEED IN DUVAL COUNTY

115,780 = 12.2%

Residents experiencing **food insecurity**<sup>1</sup>

of the **county population**<sup>1</sup>

30%

of adults report **no leisure-time physical activity**<sup>4</sup>

151,683

People who **received SNAP benefits** (food assistance) in September 2021<sup>2</sup>

329,745

People **eligible for SNAP-Ed services**<sup>3</sup> (approximation of people with household gross income ≤ 200% federal poverty level)

34%

of **adults have obesity**<sup>4</sup>

21.7%

of **youth** (grades 1-6) **have obesity**<sup>5</sup>

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**Sources:**

1. Map the Meal Gap 2020, Feeding America
2. DCF Caseload Report, 2022
3. U.S. Census Bureau American Community Survey, 2021, 1-year
4. Florida County Health Rankings and Roadmaps, 2022
5. State of Florida Summary of School Health Services, 2020-21



# OUR REACH AND IMPACT

In 2022, FNP provided free, evidence-based nutrition education classes for SNAP-eligible youth and adults. Participants learned skills related to shopping, cooking, and making healthy food and physical activity choices.

FNP also worked with local partners to change the environments in which people make decisions about nutrition and physical activity. These initiatives, called Policy, Systems, and Environmental changes (PSEs), help make healthier options easier to access.

5,901

**People reached** through nutrition education classes and Policy, Systems, and Environmental changes (PSEs)

60

**Partner sites** with FNP program activities

1,444

**Youth** reached with nutrition education

32

**Policy, Systems, and Environmental changes** (PSEs) implemented

434

\$354,863

**Federal SNAP-Ed dollars** brought to the county through FNP

231 **Classes** taught

**Adults** reached with nutrition education

## FNP ACTIVITIES IN DUVAL COUNTY

