

ONE CITY. ONE JACKSONVILLE

WHEREAS: Art in healthcare research shows that creative expression can contribute

to physical, mental, and emotional health and well-being; and

WHEREAS: Studies have shown that music engagement helps decrease anxiety and

restore emotional balance; visual art helps express experiences that are too difficult to put into words; and written expression heals emotional

pain and improves self-awareness; and

WHEREAS: The freedom of artistic expression can be a refuge from the intense

emotions associated with illness, Post-Traumatic Stress Disorder (PTSD),

grief, and other forms of emotional and mental stress; and

WHEREAS: Anuwai Life, Inc. is a Jacksonville based humanitarian non-profit

organization that encourages mental, emotional, and physical health and

wellness through the use of art-based expression; and

WHEREAS: The nonprofit was inspired by Danté Naken DeWayne Long, who lost his

life in 2016 at the age of 19. Long served in the US Army and managed the stresses he faced during his service to our country by exercising his

artistic creativity; and

WHEREAS: Anuwai Life, Inc. supports artistic culture by providing safe and socially

inclusive environments and resources for young creatives to fulfill their creative aspirations without worrying about the financial hardships many

artists face.

**NOW, THEREFORE, I, LENNY CURRY,** by virtue of the authority vested in me as mayor of Jacksonville, Florida, do hereby proclaim September 23, 2019 as

## LIVE LONG DAY

in Jacksonville and encourage all citizens to explore, engage, and support the arts as an inclusive viable career choice and a resource for physical, mental, and emotional well-being.

JACKSON STORY

IN WITNESS THEREOF, this 12th day of Reptember in the year Two Thousand Nineteen

MAYOR