

SOUTHSIDE SENIOR CENTER

MAY 2024

10080 Beach Blvd ~ Jacksonville, FL 32246 Specialists: Charles Webster

Phone: 904-255-6940

Monday – Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Walking for Health 8 a.m. Games and Puzzle 8 a.m. Chair Exercise (V) 9 a.m. Canasta 9 a.m. Bingo 11 a.m. History Bytes w/Tony 1 p.m. Chair Volleyball 1 p.m. Knitting/Crocheting 1 p.m.	Walking for Health 8 a.m. Puzzle and Games 8 a.m. Chair Exercise (V) 9 a.m. Bridge 9 a.m. Jazzco Line Dance 10 a.m. Tai Chi w/Kathleen 10 a.m. Noodle Balloon 1 p.m. Cards and Games 1 p.m.	Walking for Health 8 a.m. Games and Puzzle 8 a.m. Chair Exercise (V) 9 a.m. Painting with Angelo 9 a.m. Book Club 10 a.m. Ukulele /Singalong 11 a.m.	Walking for Health 8 a.m. Puzzle and Brain Games 8 a.m. Chair Exercise(V) 9 a.m. Canasta 9:20 a.m. Chicken Foot 10 a.m. Trivia 11 a.m. Family History 1 p.m.	Walking for Health 8 a.m. Games and Puzzle 8 a.m. Chair Exercise (V) 9 a.m. Bingo 11 a.m. Bible Study 10 a.m. Chair Volleyball 1 p.m. (V)=video
AVAILABLE DAILY: Exercise, Puzzles, Games, Computer Lab, Build Friendships, and Socialize				
		BREAKFAST (T, W, Th): 9 a.m.		LUNCH (M-F): 12 p.m.
BREAKFAST is served at 9 a.m. Tuesday Wednesday Thursday	Come Use Our New Ping-Pong Table New Mahjong Table New Cornhole Boards	1 FIELD TRIP: Avenues Mall 10 a.m.	2 MOVIE: Casablanca 10 a.m. Chicken Foot 10 a.m. Family History 1 p.m.	3
6 Florida Blue: Master your Motivation Presentation W/ Diana 10 a.m.	7 Korean Dance 1130 a.m.	8	9 Chicken Foot 10 a.m. FIELD TRIP: Walmart on Atlantic Blvd 10:30 a.m. Gil Milano concert 11 a.m. Family History 1 p.m. Mental Health Workshop W/ Northwest Behavioral Health 10:00 a.m.	10 Nature Walk w/Naturalist Jolie 10 a.m. Field Trip: Jax Ready Fest at the Prime Osborn Convention Center 11:00 a.m.
13 FIELD TRIP: Walmart on Atlantic Blvd 10 a.m.	14	15 FIELD TRIP: Bash at the Ball Field at 121 Financial Ballpark 10 a.m. RSVP Required	16 Chicken Foot 10 a.m. MOVIE: It Happened One Night 10a Gilberto concert 12 p.m. Family History 1 p.m.	17
20	21	22	23 Chicken Foot 10 a.m. FIELD TRIP: Shrimp Shack on Beach Blvd 10:30 a.m. Gil Milano concert 11 a.m. Family History 1 p.m.	24

27 CENTER CLOSED In Observance of MEMORIAL DAY	28	29 MOVIE: 12 Angry Men 10 a.m.	30 Decoration Day Chicken Foot 10 a.m. Field Trip: Senior Expo at the Prime Osborn Convention Center 10 a.m. Family History 1 p.m.	31
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